



## ING New York City Marathon 2009 November 1, 2009 | New York, New York

### “Ya Gotta Believe”

Team McGraw is once again lacing up to make a difference by joining in the ING New York City Marathon 2009 this fall. Grab your shoes and get ready to run, walk, or cheer as part of this exciting event!

Participants representing Team McGraw will receive consistent support in their goals to complete their chosen event. Each will also be encouraged to show his/her support for the Tug McGraw Foundation through raising awareness and fundraising to improve the quality of life for brain tumor patients.

**Space is limited! We hold a limited number of guaranteed spots in the ING New York City Marathon 2009. Athletes who run as part of Team McGraw are required to raise a minimum of \$3,500 in support of the Tug McGraw Foundation’s mission. Already have a spot at the ING New York City Marathon 2009? You can still join Team McGraw and receive all Team McGraw benefits by committing to raising a \$1,500 fundraising minimum.**

Athletes participating as part of Team McGraw will be supported as follows:

- Detailed training programs
- Expert coaching accessibility
- Goody bags
- Team camaraderie
- Personal web page for online fundraising
- Official “Team McGraw” racing singlet
- Fundraising incentives
- Downloadable fundraising and media tools
- Team receptions

### Instructions

After completing the attached application, please email to [marathon@tugmcgraw.org](mailto:marathon@tugmcgraw.org). You may also mail or fax this application to “Team McGraw” through the Tug McGraw Foundation office at the address located at the bottom of this page.



**ING New York City Marathon 2009**  
**November 1, 2009 | New York, New York**

**“Ya Gotta Believe”**

**PERSONAL INFORMATION**

|   |  |  |                                      |                                     |  |                 |  |  |
|---|--|--|--------------------------------------|-------------------------------------|--|-----------------|--|--|
| Last:   |  |  | First:                               |                                     |  | Middle:         |  |  |
| Title (Mr., Mrs., Sgt., etc.) / Other Name(s) Used: (optional)      |  |  |                                      |                                     |  | Home Phone:     |  |  |
| Address:  |  |  |                                      |                                     |  | Other Phone(s): |  |  |
| City/State/Zip:   |  |  |                                      | Email:                              |  |                 |  |  |
| Gender: Male    Female  |  |  |                                      | Date of Birth: (mm/dd/yyyy)         |  |                 |  |  |
| Occupation: (optional)  |  |  |                                      | Employer: (optional)                |  |                 |  |  |
| How would you describe your fitness level/running experience?       |  |  |                                      |                                     |  |                 |  |  |
| Have you ever participated in a half-marathon or a marathon before? |  |  |                                      | If so, when and what was your time? |  |                 |  |  |
| Yes    No   |  |  |                                      |                                     |  |                 |  |  |
| What is your shirt/singlet size? Please circle:                     |  |  |                                      |                                     |  |                 |  |  |
| MALE    FEMALE  |  |  | S   M   L   XL   XXL(When Available) |                                     |  |                 |  |  |



**ING New York City Marathon 2009**  
**November 1, 2009 | New York, New York**

**“Ya Gotta Believe”**

Already registered with the ING New York City Marathon 2009?    Yes            No

Entrant #: \_\_\_\_\_

**PREDICTED FINISH TIME:** \_\_\_\_\_

**Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**ADDITIONAL QUESTIONS**

How did you find out about Team McGraw?

Is there someone in particular that you would like to run on behalf of? If not, would you like us to pair you with someone?  
Y/N

Why do you want to join Team McGraw?



**ING New York City Marathon 2009  
November 1, 2009 | New York, New York**

**“Ya Gotta Believe”**

**THANK YOU FOR JOINING TEAM McGRAW!**

Thank you for your choice to join Team McGraw. We look forward to working together to see you meet your personal goal of completing the ING New York City Marathon 2009, in New York, New York and we appreciate your dedication in supporting the Tug McGraw Foundation.

**SPECIAL NOTE REGARDING APPLICATION**

Applications will be reviewed and runners will be notified by email whether they have been selected as a member of our team.

**SIGNATURE REQUIRED**

I hereby release and discharge Team McGraw, Tug McGraw Foundation and/or its agents, employees, representatives, officers, associates or affiliates, hereinafter referred to as the "released parties", from and against any and all claims, demands, actions, damages, losses, costs, expenses and liabilities arising out of or in connection with my participation in Team McGraw events and activities in 2009. I further agree that I will not sue or make claim against any of the released parties for damage or other losses sustained as a result of my participation in Team McGraw. I understand that participating in a marathon is a physically demanding activity, and I am in good health and prepared to take on the challenge of a marathon. Please contact your physician before beginning any new exercise regimen.

X \_\_\_\_\_  
SIGNATURE DATE

X \_\_\_\_\_  
SIGNATURE OF PARENT OR LEGAL GUARDIAN (IF UNDER 18) DATE





**ING New York City Marathon 2009  
November 1, 2009 | New York, New York**

**“Ya Gotta Believe”**

## **TEAM McGRAW PARTICIPANT DONATION FORM**

I, \_\_\_\_\_, pledge my commitment to Team McGraw with a \$35 credit card donation to be reflected in my fundraising for the Tug McGraw Foundation. I understand that if my fundraising minimum of \$3,500 (or \$1,500 if already registered with the ING New York City Marathon 2009) has not been reached two weeks prior to raceday (October 18, 2009) that I am personally responsible to pay in full the remaining funds owed.

|                 |                  |                 |
|-----------------|------------------|-----------------|
| Name: _____     | Phone #: _____   |                 |
| Address: _____  |                  |                 |
| Zip Code: _____ | Amount \$: _____ |                 |
| Card #: _____   | Exp. Date: _____ | CCV Code: _____ |

*\*CCV Code: For VISA, MasterCard and Discover, the number is the last 3 digits on the Signature Panel on the back of the card. For American Express, look for a 4-digit number printed above your account number on the face of the card.*

### **PLEASE MAIL OR FAX TO:**

Attn: Alison Coelho  
Tug McGraw Foundation  
1303 Jefferson Street, Suite 100B  
Napa, CA 94559  
Phone: 707.255.1884  
Fax: 707.255.1926